

What you need to know for studying at CMTN

Fall 2020

Fall 2020 Program and Courses

1. Nearly all courses that are offered in the Fall 2020 term have shifted to [Distributed Learning](#) (online delivery). You do **NOT** need to physically present in Canada to take courses in Fall 2020 .
2. **New International students who are now residing outside of Canada are HIGHLY encouraged to remain in their home country** to begin Fall 2020 courses via Distributed Learning (online).

Post-Graduation Work Permit (PGWP) Eligibility

3. You won't have time deducted from the length of your PGWP for studies you complete outside Canada until December 31, 2020 under certain conditions listed [here](#).
4. After you apply for your study permit, any time spent studying online from outside Canada now counts toward the length of a PGWP. Previously, only the time spent studying online after you were approved for a study permit counted. Check the [IRCC](#) website for the most recent updates.

Nearly all courses in Fall 2020 are taught via Distributed Learning (online). Travelling to Canada is strongly discouraged due to COVID-19.

Travel/Port of Entry

1. [Only certain groups of people](#) are exempt from travel restrictions, including international students whose Study Permit was approved on or before March 18, 2020. **If you do not belong to this category, DO NOT book your flight ticket** because you will take your Fall 2020 courses online in your home country.
2. **If you are an international student who is exempt from the [travel restrictions](#)** (which means you are permitted to travel to Canada), **you:**
 - i. **are still highly encouraged to remain in your home country to begin your Fall 2020 studies** for public safety and health reasons, plus your courses will be delivered online,
 - ii. **MUST still prove** to a Canadian Border Service Officer (CBSA) at the Port of Entry that **your travel is essential** ([non-discretionary travel](#)) if you still decide to travel to Canada. ***NOTE: A CBSA officer will decide whether you are allowed to enter Canada based on your circumstance and information presented,**
 - iii. are responsible to gather [all the supporting documentation](#) prior to your arrival in Canada, including a detailed quarantine plan, so that you can present it to a CBSA officer at the Port of Entry, and
 - iv. **you must notify and contact the international student advisor**, Myrna Ordon at MOrdon@coastmountaincollege.ca by providing your travel itinerary and plan in order **to obtain a letter of support for entry** from your Distributed Learning Institution (college).

***NOTE: Even with the letter of support issued by the College, there is no guarantee of entry to Canada. The final decision is based upon the CBSA officer at the Port of Entry.**

3. **You must go through the 14-day quarantine at the Port of Entry area** for the public safety of the small local communities that CMTN serves. In most cases, Vancouver International Airport (YVR) will be your first point of entry in Canada.
4. Before you continue your travel to Coast Mountain College region (Northwest BC region), you **MUST** go through the 14-day quarantine in BC's lower mainland area, also known as Metro Vancouver (Richmond, Vancouver, Burnaby, Coquitlam area).
5. [Here](#) are the public safety measures you need to be aware prior to your arrival and **MUST** follow during your travel and upon your arrival in Canada. Measurements such as wearing a mask/face covering is required, a mandatory 14-day quarantine plan, and so on. Failure to do so will result in significant penalties.

Even if you are exempt from travel restrictions, you are still STRONGLY encouraged to take your Fall 2020 courses online in your home country. If you are exempt and still want to travel to Canada for Fall 2020, you MUST contact Myrna Ordon, our international student advisor, with your travel plans before you travel.

The 14-day quarantine MUST be done at the Point of Entry before travelling to the Coast Mountain College region.

14-day quarantine stay

1. As per the IRCC, a 14-day quarantine is **MANDATORY**. [Here](#) are the things you need to know about mandatory quarantine **upon your arrival into Canada**, such as directly going to the arranged quarantine location, using private transportation, and so on.
2. The College will provide several options of hotel packages for students. The hotel locations are in the Lower Mainland area. Detailed packages are shown below.
3. **Student will need a valid credit card (either MasterCard or Visa)** that can process international transactions for a security payment **upon hotel check-in**. Also, you are encouraged to have Canadian cash for transportation (from/to the airport). The cost of quarantine is the student's responsibility.
4. **Students are responsible for:**
 - i. **booking the hotel for their 14-day quarantine, in advance (prior to the arrival in Canada),**
 - ii. **notifying the hotel when booking that the stay is for the 14-day quarantine** as the room package, supplies and arrangements for the 14-days quarantine a discounted package and are different than if you were staying as a regular guest,
 - iii. **contacting the International Student Advisor, Myrna Ordon, via email within 24 hours of arriving in Canada (ideally right after you safely check in at the hotel).** The international advisor would like to ensure student is safe and **to set up periodical phone/virtual check-ins** with the student during the 14- day quarantine period.

You are responsible for booking the hotel for the mandatory 14-day quarantine prior to arrival in Canada; the college has some package deals with hotels in the Vancouver area. You will need a valid credit card for the hotel as well as some Canadian cash.

You must contact the International Student Advisor within 24 hours of your arrival in Canada.

The 14-day quarantine MUST be done at the Point of Entry before travelling to the Coast Mountain College region.

Hotel Packages and Services

Services and facilities available	Sheraton Vancouver Airport Hotel	Vancouver Airport Marriot Hotel	Executive Suites Metro Vancouver	Accent Inn
Location	Richmond	Richmond	Burnaby (Lougheed area)	Burnaby (Boundary Rd)
Driving distance from the airport (YVR)	15-20 mins	15-20 mins	30-45 mins	30-45 mins
Free shuttle 24 hours (every 30 min); round trip from the airport to hotel	✓	✓		
Self-pay transportation from/to the airport (taxi with cash payment). Uber and Lyft with credit card; download the apps in advance			✓	✓
Transportation credits up to C\$100. Claim at the hotel front desk with receipt(s)			✓	
No penalty fee for last minute changes due to flight rescheduling/cancelation				✓
No charges for date changes more than 24 hours prior to the check-in date. Less than 24 hours notification the first night charge will apply	✓	✓	✓	
Meal plan provided by the hotel for the 14 days (3 meals/day) with additional cost; optional	✓ (approx. C\$900)	✓ (approx. C\$900)	✓ (approx. C\$700)	Food delivery (self)
Call the front desk to set times for ongoing meal delivery (if you opt in for the meal plan)	✓	✓	✓	✓
Online food orders and delivery through Skip the Dishes, Uber Eats, Door Dash, Foodora (deliver to the hotel)	✓	✓	✓	✓
Hotel arrival check-in (go through to-do-list, protocols etc.)	✓	✓	✓	✓
In-room kitchenette (fridge, microwave, and sink)	✓ (Microwave upon request)	✓ (Microwave upon request)	✓	✓
TV Cable and WIFI	✓	✓	✓	✓
Daily garbage pickup; place outside the room	✓	✓	Upon request	✓
Laundry service by calling the front desk for pickup	✓ 25% off	✓ 25% off	✓	✓
Hygiene products (shampoo, soap, towels) for 14-day stay. Call the front desk for additional supplies	✓	✓	✓	✓
Nearby hospital with a five-minute walking distance	✓	✓	Call 8-1-1 or hotel front desk	Call 8-1-1 or hotel front desk
Room rate per night excluding meal plan and taxes	\$139 ++	\$139 ++	\$100 ++	\$85 ++

***Note: You may ask the hotel for a more detailed pricing plan and services during your booking**

A few things to keep in mind during the quarantine at the hotel:

1. You are not allowed outside of your quarantine room and must avoid any contact with other individuals during the 14-day stay.
2. Contact Myrna Ordon (international advising office) as soon as you check in, to report your hotel location and to set up periodic phone/virtual check-ins.
3. Some hotels include meal plans with an additional cost. You may either opt in or opt out. If you have decided to go for the 14-day meal plan, you will be charged even if you choose to skip any or some meals in between.
4. Online shopping and food delivery services are available. Food delivery services are reached through apps such as Skip the Dishes, Uber Eats, Door Dash, Foodora. You may order your food or personal necessities

online and have them delivered to the hotel. The hotel staff will deliver them to your room by placing them outside your door).

5. Watch if you have symptoms. [Here](#) is the link from BC Centre for Disease Control about symptoms, self-isolation, how to monitor your condition, testing, etc.
6. If you are unsure, contact your health care provider or call 8-1-1 to ask for health advice. Alternatively, you may call the hotel front desk if quick assistance is needed. If severe, call 9-1-1 for immediate help.
7. Use the [B.C. COVID-19 Self-Assessment Tool](#) to help determine if you need further assessment or testing for COVID-19.

After the 14-day quarantine

1. If you are feeling well and have no symptoms, you may purchase an airline ticket to travel to the CMTN campus stated in your acceptance letter.
2. **Please ensure you arrive in the correct campus location**, stated in the **first paragraph of your official acceptance letter** issued by the College. If you are accepted to the Prince Rupert Campus, do not arrive in Terrace, and vice versa.
3. On-campus housing is **NOT** available due to reduced capacity. You will need to ensure you have a place to stay before you travel to the Northwest BC Region (Prince Rupert or Terrace).
4. You may consider short-term housing while looking for a long-term place to stay. You can contact residence@coastmountaincollege.ca to check if any short-term housing options are available.
5. Practice social distancing in all public or shared area and avoid group gatherings.
6. Enjoy your studies at CMTN! We are delighted to have you join us and look forward to meeting you online.

After the 14-day quarantine stay, if you are feeling well, you may purchase a flight ticket travelling to your campus location. Please ensure you arrive in the correct campus location and already have your housing arranged prior to your arrival in the region.

If you are not feeling well, please do not travel, contact 8-1-1 for medical assistance and extend your quarantine stay